



# ΑΚΑΔΗΜΙΕΣ ΑΝΟΡΘΩΣΗΣ

ΕΒΔΟΜΑΔΙΑΙΟ ΠΡΟΓΡΑΜΜΑ ΠΡΟΠΟΝΗΣΕΩΝ

Κλιμάκιο Λάρνακας 2022 - 2023

We Love this Game!!!



TRAINING HOURS	DAY				
TEAM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
EAGLES 2010		17:30 - 19:00	17:30 - 19:00	17:30 - 19:00	17:30 - 19:00
EAGLES 2011	17:30 - 19:00		17:30 - 19:00	17:30 - 19:00	
EAGLES 2012		17:00 - 18:30	16:30 - 17:30		17:00 - 18:30
EAGLES 2013		15:30 - 17:00	16:30 - 17:30		15:30 - 17:00
EAGLES 2014		15:30 - 17:00	17:30 - 18:30		15:30 - 17:00
EAGLES 2015		15:30 - 17:00	15:30 - 16:30		15:30 - 17:00
EAGLES 2016	15:30 - 17:00		15:30 - 16:30	15:30 - 17:00	
EAGLES 2017-2018		16:00 - 17:00			16:00 - 17:00
LIONS 2010		15:30 - 17:00	16:30 - 17:30		15:30 - 17:00
LIONS 2011		17:00 - 18:30	15:30 - 16:30		17:00 - 18:30
LIONS 2012		17:00 - 18:30	15:30 - 16:30		17:00 - 18:30
LIONS 2013	17:15 - 18:45		15:30 - 16:30	17:15 - 18:45	
LIONS 2014		17:00 - 18:30	15:30 - 16:30		17:00 - 18:30
LIONS 2015		17:00 - 18:30	15:30 - 16:30		17:00 - 18:30
TIGERS 2014	17:15 - 18:45		15:30 - 16:30	17:15 - 18:45	
GIRLS U18	17:00 - 18:30		17:30 - 18:30	16:30 - 18:00	
GIRLS U15 A	17:00 - 18:30		17:30 - 18:30	17:00 - 18:30	
GIRLS U15 B	16:00 - 17:15		17:30 - 18:30	16:00 - 17:15	
GIRLS U10	16:00 - 17:15		16:30 - 17:30	16:00 - 17:15	
GIRLS U13	16:00 - 17:15		16:30 - 17:30	16:00 - 17:15	
LITTLE PANDAS	16:00 - 17:00		15:30 - 16:30		

ΟΙ ΠΡΟΠΟΝΗΣΕΙΣ ΤΩΝ ΟΜΑΔΩΝ 2010 ΚΑΙ 2011 EAGLES ΘΑ ΕΙΝΑΙ ΣΤΟ ΛΥΚΕΙΟ ΑΓΙΟΥ ΓΕΩΡΓΙΟΥ. ΟΙ ΥΠΟΛΟΙΠΕΣ ΟΜΑΔΕΣ ΣΤΑ ΦΟΥΤΣΑΛ ΛΙΒΑΔΙΩΝ.

ALL TRAININGS FOR TEAMS 2010 AND 2011 EAGLES WILL TAKE PLACE AT AGIOS GEORGIOS.

OTHER TEAMS ALL TRAININGS AT LIVADIA FUTSAL